

NAUTILUS PLATE LOADED



**Equipment shown in custom colors*

SMITH MACHINE NP-L8500

Working out with plates is one of the most effective ways to train, which is why plate loaded machines are a staple for facilities. Whether you are looking to build a full strength circuit or round out your offering with specific pieces, Nautilus Plate Loaded offers the best machines for plate workouts. Each machine is built strong enough to stand up to full commercial use and is designed to make plate workouts as effective, rewarding and safe as possible.

PRODUCT DIMENSIONS

WIDTH	89 IN (226 CM)
LENGTH	67 IN (170 CM)
HEIGHT	82 IN (208 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	648 LBS (294 KG)
SHIPPING WEIGHT	794 LBS (360 KG)

ADJUSTMENTS & MOVEMENTS

USER DEFINED RANGE OF MOTION	Yes, enhanced biomechanics with a 7 degree angle for squatting and pressing motions
ASSISTED ADJUSTMENTS	Yes, Gravity assisted positioning
COLOR CODED PIVOT POINTS AND ADJUSTMENTS	Yes
UNILATERAL OR BILATERAL MOVEMENT	N/A
CONVERGING OR DIVERGING MOVEMENTS	N/A
PULLEY RATIO	N/A

FRAME SPECIFICATIONS & CABLE INFORMATION

STANDARD FRAME COLOR OPTIONS	Silver, White, Black
STANDARD UPHOLSTERY COLOR OPTIONS	N/A
FRAME FINISH	Electrostatic Powder coating
CUSTOMIZABLE PAINT OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE	N/A
CUSTOMIZABLE BRANDING OPTIONS AVAILABLE	No
CABLE VS. BELT DRIVEN TRANSMISSION	N/A
BOLT DOWN LOCATIONS DEFINED	Yes
INTEGRATED LEVELING SYSTEM	No, rubber feet for floor protection
HARDWARE TYPE	Hex / Button Head
TUBING STYLE & THICKNESS	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

USER SPECIFIC INFORMATION

STATIC PLACARDS	No
MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE	N/A
ANIMATED LENTICULAR	No
SAFETY CATCH & STOPS	Adjustable red safety catches to insure proper execution of all exercises
WATER BOTTLE HOLDER	No
PHONE HOLDER	No
GRIP SPECIFICATIONS	Rubber, smaller grips.
FOOT PLATFORM	N/A
CONTOURED PADS	N/A
RESTRAINT SYSTEM	Rotating Olympic handle insures easy release and reset of bar with each set & adjustable red safety catches to insure proper execution of all exercises

WEIGHT STACK SPECIFICATIONS

TOTAL STACK WEIGHT	N/A
INCREMENTAL WEIGHT SYSTEM	N/A
WEIGHT STACK TOWER HEIGHT	N/A
PLATE LOADED	Counterbalanced Olympic bar with 12 lb (5.5 kg) starting resistance
WEIGHT STORAGE SOLUTION	Six, marked weight storage pegs per side to accommodate all plate increments
LNL TECHNOLOGY	N/A
ADD-ON RESISTANCE AVAILABLE	Yes, max load capacity 8-45 lb (20 kg) plates per side
WEIGHT STACK SHROUD SPECIFICATIONS	N/A

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