

**TRX**

# TRX<sup>®</sup> PRO KIT

The TRX<sup>®</sup> PRO KIT is the elite, all-in-one, total-body workout system designed to be the most durable Suspension Trainer for high volume use by the fitness professional.



The TRX<sup>®</sup> PRO KIT is used by professional athletes, trainers and coaches who want a training solution that deliver scalable workout sessions to build strength and lean muscle through mastering foundational movements.

Based on 12 years of feedback and testing, the new TRX<sup>®</sup> PRO KIT provides a perfect mix of gear and training content for the fitness professional to use in their business. This Suspension Trainer<sup>™</sup> is designed with extra durability for high volume use, includes a locking carabiner to deter theft, rubber handles for easy cleaning and nine custom workouts. These workouts include a 45 minute instructional video designed to teach professionals training techniques.

## WHAT'S INCLUDED

### A. TRX<sup>®</sup> PRO SUSPENSION TRAINER<sup>™</sup>

Workout anywhere with clients.

### B. TRX XTENDER

Secure the TRX<sup>®</sup> Suspension Trainer<sup>™</sup> or Anchor to high or oversized anchor points.

### C. TRX SUSPENSION ANCHOR

The Suspension Anchor allows you to hang the TRX<sup>®</sup> Suspension Trainer<sup>™</sup> anywhere

### D. TRX DOOR ANCHOR

Set up your TRX<sup>®</sup> Suspension Trainer<sup>™</sup> on any sturdy door.

### E. DIGITAL CONTENT

Use your key to access your workouts at [TRXtraining.com/mylocker](http://TRXtraining.com/mylocker).

### F. MESH CARRY BAG

Take your TRX<sup>®</sup> Suspension Trainer<sup>™</sup> with you, anywhere, in this convenient storage bag.



## NEW FEATURES



**NEW PADDED TRIANGLES**  
Larger and padded for increased comfort.



**NEW ANTIMICROBIAL HANDLES WITH MICROBAN<sup>®</sup> TECHNOLOGY**  
Stop the spread of bacteria.

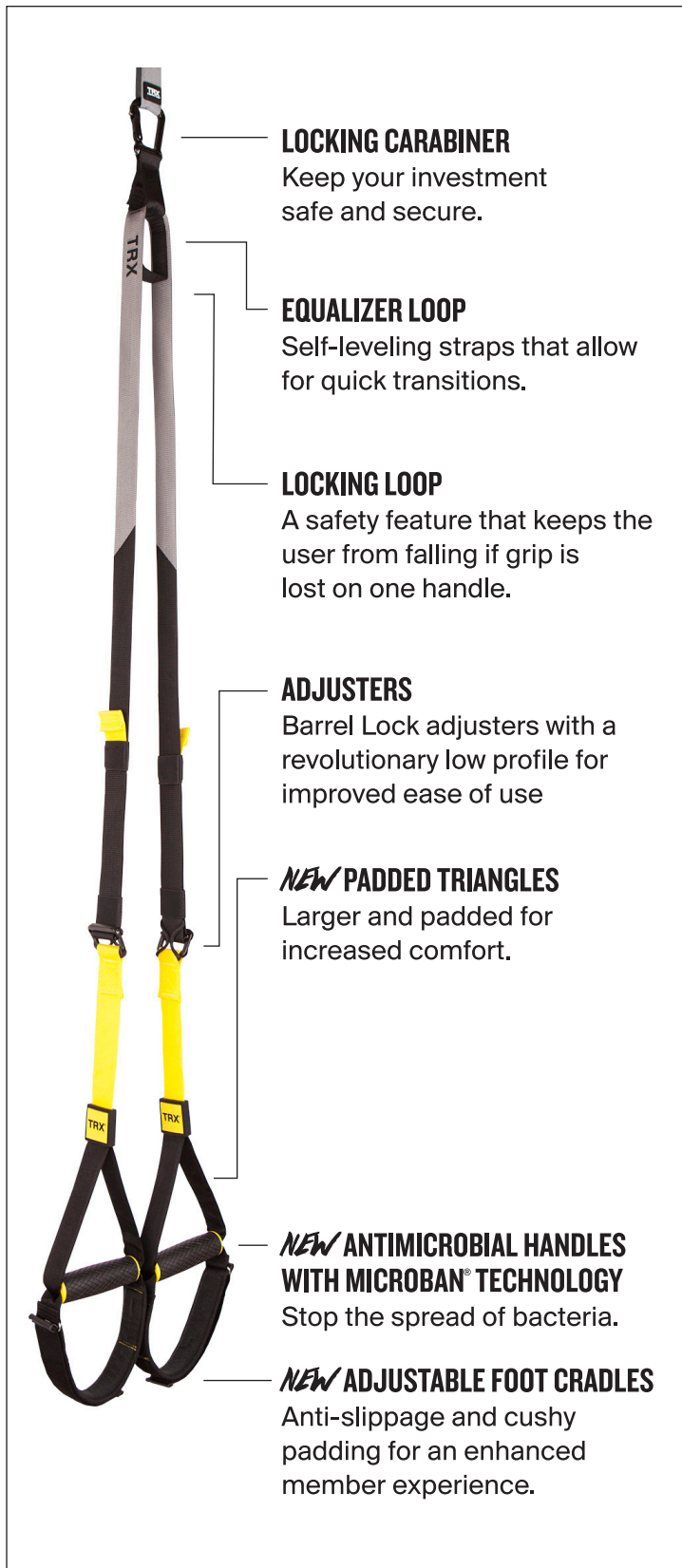


**NEW ADJUSTABLE FOOT CRADLES**  
Anti-slippage and cushy padding for an enhanced member experience.

VISIT US AT [TRXTRAINING.COM](http://TRXTRAINING.COM)  
888-878-5348, OPTION 3 (USA)

# MAKE YOUR BODY YOUR MACHINE<sup>®</sup>

# TRX® PRO SUSPENSION TRAINER™



**LOCKING CARABINER**  
Keep your investment safe and secure.

**EQUALIZER LOOP**  
Self-leveling straps that allow for quick transitions.

**LOCKING LOOP**  
A safety feature that keeps the user from falling if grip is lost on one handle.

**ADJUSTERS**  
Barrel Lock adjusters with a revolutionary low profile for improved ease of use

**NEW PADDED TRIANGLES**  
Larger and padded for increased comfort.

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**NEW ADJUSTABLE FOOT CRADLES**  
Anti-slippage and cushy padding for an enhanced member experience.

## PRODUCT FEATURES

<b>SUSPENSION TRAINER</b>	Weight at 1.6 lbs (.7 kg) and designed to support up to 350 lbs (158 kg).
<b>TRAVEL WEIGHT</b>	2.6 lbs (1.2 kg) – includes the Suspension Trainer, Suspension Anchor, Door Anchor, and mesh carry bag.
<b>ANCHORING OPTIONS</b>	Door Anchor, Suspension Anchor and Xtender strap for taining in any environment.
<b>CARABINER</b>	Customized light weight carabiner designed to securely hold the TRX user with a 6x safety factor.
<b>EQUALIZER LOOP</b>	Self leveling feature that allows the user to quickly equalize the length of the straps without using the adjustment buckle. This allows quick transition between exercises.
<b>LOCKING LOOP</b>	A safety feature that keeps the user from falling if there is loss of grip on one of the handles. The locking loop also allows for quick transition to asymetrical (one sided) exercises.
<b>ADJUSTMENT</b>	Barrel lock adjusters with a revolutionary low profile steel slide mechanism for improved comfort and easy adjustment.
<b>ADJUSTABLE FOOT CRADLES</b>	Anti-slippage and cushy padding for an enhanced member experience.
<b>ANTIMICROBIAL HANDLES WITH MICROBAN® TECHNOLOGY</b>	Commercial - grade, ergonomic, rubber handles infused with Microban technology to stop the spread of bacteria, are designed for durability, ease of cleaning and improved grip during sweaty workouts.
<b>BAG</b>	Mesh carry bag, portable and easy to store.
<b>PROGRAM</b>	Expert instruction and more than 35 exercise variations and bonus moves for advanced strength and felxibility training. Learn how to progress and modify key movements, and identify and correct common faults.
<b>DIGITAL CONTENT</b>	9 workout videos designed for the TRX Pro Kit. Includes a trainer-specific instrucional video, 6 mix and match workout sessions, and two bonus workouts for your clients.
<b>MOBILE APP</b>	TRX® App.
<b>PRINTED MATERIAL</b>	Set up and use instructions (poster), which includes exercises.
<b>WARRANTY</b>	1 year warranty + 30 days risk-free guarantee or your money back.

**TRX®**

TRX PRO SYSTEM

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ANY QUESTIONS, CALL US AT  
888-878-5348, OPTION 3 (USA)